

RECOGNITION REQUIREMENTS FOR PROVIDERS OF CHILDBIRTH EDUCATION

Please apply for recognition through our website at hcf.com.au

Our Health Management Programs (claimable under certain extras products) allow eligible members with available limits to claim towards a consultation with an HCF recognised Childbirth Educator.

Childbirth Educator providers must fulfil the criteria below in order to be recognised by HCF:

- Continuously hold a current First Aid Certificate (HLTAID003);
- Belong to the professional association referred to in the table below and adhere to the membership requirements for that association;
- Meet the training and education requirements set out in the table below (providers who have been continuously recognised by HCF before 1 July 2009 are deemed to meet our training and education requirements);
- Comply with Terms and Conditions for HCF Recognised Providers of General Treatment as amended from time to time which are downloadable from www.hcf.com.au/pdf/general/Terms_and_Conditions_for_Recognised_Providers_of_General_Treatment.pdf

TRAINING/EDUCATION	ASSOCIATION	LEVEL OF MEMBERSHIP
Bachelor of Nursing and Bachelor of Midwifery	Australian Health Practitioner Regulation Association (AHPRA)	Current registration

CHILDBIRTH EDUCATION PROGRAM REQUIREMENTS TO BE MET

CONTENT

The program must be designed to educate prospective parents about the labour and delivery process and would normally last a minimum of five hours and include:

- Physiology of labour
- Exercises for pelvic floor and back care
- Active pain management of the labour
- Signs and complications of labour
- Labour process
- Breathing and positions for labour
- Three stages of labour
- Caesarean delivery
- Induction of labour

The program may include input from other health professionals such as physiotherapists, dieticians and lactation consultants.

ADVERSE EVENT

Must have documented plans to manage an adverse event. For instance, a plan to team up with a medical practitioner is important should it be necessary in the event of an onset of early labour or complications.

QUALITY

Must have quality measures in place with:

- Regular reviews to ensure up to date and evidence based information is supplied; and
- Client surveys to identify program improvements and satisfaction.

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SETTING

A program must be delivered in a hospital or medical facility. A medical facility can be defined as a hospital, day surgery, or a medical clinic that employs the services of a board-registered medical practitioner.

Settings we accept:

- A private practice in a medical facility. For example, a general practice or obstetrician's rooms
- A public or private hospital
- A day surgery facility.

Additionally, we would recognise:

- A provider operating in a private practice (not a medical facility) where the provider has a shared care arrangement with a hospital
- Community health centres or health groups that run a childbirth education program offsite.

NON-ELIGIBLE PROGRAMS

- Standalone postnatal courses
- Yoga and birth classes
- Standalone father and/or grandparent classes.

Please note:

Our provider recognition is not automatically granted and is subject to providers satisfactorily meeting the HCF Recognition Criteria and abiding by our HCF Recognised Provider Terms and Conditions. Thus, HCF, in its absolute discretion, reserves the right to decline applications for provider recognition or delist a provider for benefit purposes in accordance with its rules.

Do you have a question? Contact the HCF Provider Relations team:

 **EMAIL US**
provider_relations@hcf.com.au

 **CALL US**
1300 799 275