






HCF HOSPITAL STANDARD SILVER PLUS

PRODUCT SUMMARY

Affordable hospital cover for some common procedures.

FEATURES

<p>ACCIDENT SAFEGUARD</p> <p>Receive the benefits of our top level of hospital cover for 90 days if you're in an accident[∞]</p> 	<p>NO EXCESS FOR KIDS AGED UNDER 25 OR FOR ACCIDENT RELATED TREATMENT</p> 	<p>TRAVEL AND ACCOMMODATION BENEFITS FOR YOUR HOSPITAL STAY[*]</p> 	<p>WE'LL PAY PREMIUMS FOR ELIGIBLE MEMBERS</p> <p>if they become involuntarily unemployed[^]</p> 	<p>BE REWARDED WITH A GREAT RANGE OF EXCLUSIVE OFFERS</p> <p>through HCF Thank You</p> 
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HOSPITAL INCLUDES:

- ✓ Flexible excess options - choose from a \$250, \$500 or \$750 excess
- ✓ Cover for heart and vascular procedures, joint reconstructions and more
- ✓ Ambulance cover in emergencies



[∞] To be eligible, must attend a hospital emergency department within 24 hrs. Top hospital coverage applies for up to 90 days of the Accident. Other conditions apply. See hcf.com.au/accident-safeguard
^{*} When you travel at least 200km round trip. Other terms and conditions apply. Go to hcf.com.au/travel-accommodation to find out more
[^] For up to 6 months. Other conditions and waiting periods apply. See hcf.com.au/unemployment-assistance

HCF HOSPITAL STANDARD SILVER PLUS

KEY FEATURES	
Excess options (per person per calendar year)	\$250, \$500 or \$750
No excess for kids aged under 25	✓
No excess for Accident-related treatment	✓
Travel and accommodation benefit*	✓
Available without extras cover	Yes

THIS POLICY INCLUDES COVER FOR:

Emergency ambulance
Accident Safeguard - Services Not Included or Restricted Services listed in this table will be treated as Covered Services in the event of an Accident that occurs after joining. Does not include podiatric surgery by a registered podiatric surgeon. Conditions apply. See hcf.com.au/accident-safeguard
Rehabilitation
Palliative care
Brain and nervous system e.g. stroke, brain or spinal cord tumours
Eye (not cataracts) e.g. retinal detachment, tear duct conditions, eye infections and medically managed trauma to the eye
Ear, nose and throat e.g. damaged ear drum, sinus surgery, removal of foreign bodies, stapedectomy and throat cancer
Tonsils, adenoids and grommets e.g. hospital treatment of the tonsils, adenoids and insertion or removal of grommets
Bone, joint and muscle e.g. carpal tunnel, fractures, hand surgery, joint fusion, bone spurs, osteomyelitis and surgery for bone cancer
Joint reconstructions e.g. torn tendons, rotator cuff tears and damaged ligaments
Kidney and bladder e.g. kidney stones, adrenal gland tumour and incontinence
Male reproductive system e.g. male sterilisation, circumcision and prostate cancer
Digestive system e.g. oesophageal cancer, irritable bowel syndrome, gall stones and haemorrhoids
Hernia and appendix e.g. hernia operations and appendicitis
Gastrointestinal endoscopy e.g. colonoscopy and gastroscopy
Gynaecology e.g. endometriosis, polycystic ovaries, female sterilisation and cervical cancer
Miscarriage and termination of pregnancy
Chemotherapy, radiotherapy and immunotherapy for cancer
Pain management e.g. treatment of nerve pain and chest pain due to cancer by injection of a nerve block
Skin e.g. surgery to remove melanoma, minor wound repair and abscesses
Breast surgery (medically necessary) e.g. breast lesions, breast tumours, asymmetry due to breast cancer surgery and gynaecomastia
Diabetes management (excluding insulin pumps) e.g. stabilisation of hypo- or hyper-glycaemia, contour problems due to insulin injections
Heart and vascular system e.g. heart failure and heart attack, monitoring of heart conditions, varicose veins and removal of plaque from arterial walls
Lung and chest e.g. lung cancer, respiratory disorders such as asthma, pneumonia and treatment of trauma to the chest
Blood e.g. blood clotting disorders and bone marrow transplants
Back, neck and spine e.g. sciatica, prolapsed or herniated disc, and spine curvature disorders such as scoliosis
Plastic and reconstructive surgery (medically necessary) e.g. burns requiring a graft, cleft palate, club foot and angioma
Dental surgery # e.g. surgery to remove wisdom teeth and dental implant surgery
Podiatric surgery (provided by a registered podiatric surgeon) ∞
Implantation of hearing devices ^
Sleep studies e.g. sleep apnoea and snoring
THIS POLICY INCLUDES RESTRICTED COVER FOR:
Hospital psychiatric services

THIS POLICY DOES NOT INCLUDE COVER FOR:

Cataracts
Joint replacements
Dialysis for chronic kidney failure
Pregnancy and birth
Assisted reproductive services
Weight loss surgery
Insulin pumps
Pain management with device
Elective cosmetic surgery

This product includes cover for accommodation, operating theatre, intensive care, Government approved Prostheses, pharmaceuticals (excluding experimental and high cost non-PBS drugs) as part of your covered admission at an HCF participating hospital.

EXCESS

An excess is a non-refundable amount of money a member agrees to pay towards the cost of services before benefits are payable when admitted to hospital. If hospitalised, the total excess amount of your cover will apply once per person per calendar year.

OUT-OF-POCKET COSTS AND HOSPITAL AGREEMENTS

Under this policy, you may have to pay out-of-pocket costs above what you get from Medicare or your private health insurer. Before you go to hospital, you should ask your doctors, hospital and health insurer about any out-of-pocket costs that may apply to you.

The benefits paid for hospital treatment will depend on the type of cover you purchase and whether your fund has an agreement in place with the hospital in which you are treated. See 'Agreement Hospitals' on privatehealth.gov.au for which hospitals have arrangements with your insurer.

PREGNANCY AND BIRTH

To be covered for pregnancy and birth in hospital, make sure your cover includes full benefits for these services. If not, you may wish to upgrade to a cover that includes pregnancy and birth 12 months before the date of birth of your child to minimise your out-of-pocket expenses. If you're expecting, make sure you transfer to a family membership within 2 months of the birth of your child to ensure your baby is covered.

RESTRICTED COVER

For these services, only Minimum Benefits are payable which means that you may have to pay significant out-of-pocket expenses in a private hospital. In a public hospital, if you elect to be a private patient, you may also have to pay out-of-pocket expenses.

SERVICES NOT INCLUDED

These services are not included in your cover. No benefits are payable for any treatment related to these services, except in the case of Accident Safeguard. Always check with us to see if you're covered before going to hospital.

Members must hold eligible extras cover if they want to claim benefits for eligible dental services performed in a hospital

∞ Limited benefits apply. Minimum Benefit level payable by HCF for Hospital accommodation as determined under the Private Health Insurance Act and the cost of prosthesis (as listed on the Prosthesis List). No benefit is payable for podiatric surgeon fees. Ensure you have Informed Financial Consent prior to your treatment, for any out-of-pocket expenses.

^ Includes associated speech and sound processors including upgrades.

THINGS YOU NEED TO KNOW

The following waiting periods apply where these services are covered under your policy:

HOSPITAL WAITING PERIODS	
1 DAY	Emergency ambulance.
2 MONTHS	Hospital psychiatric services, rehabilitation and palliative care. Members who have held a hospital cover for at least 2 months and upgrade to receive hospital psychiatric services as covered services may not be required to serve the waiting period for hospital psychiatric services. This exemption can only be accessed once in a member's lifetime.
12 MONTHS	Pregnancy and birth. Pre-Existing Conditions (excluding hospital psychiatric services, rehabilitation and palliative care).
2 MONTHS	All other hospital services, including Accident-related treatment (for services included in your cover).

WHAT'S NOT COVERED?

There are a number of situations where our health insurance doesn't cover you, including for example:

- claims for services by providers not recognised by HCF, and that do not meet HCF's criteria as set out in the Fund Rules
- treatment for Pre-Existing Conditions (other than for hospital psychiatric services, rehabilitation or palliative care) within the 12 month waiting period
- experimental, high cost non-PBS drugs and TGA-approved drugs used for a purpose other than that for which they were approved.

Please refer to the HCF Member Guide or Fund Rules for a comprehensive list of exclusions.

Note:

This product summary is not a complete description of your cover. Please refer to the HCF Member Guide or Fund Rules, or call **13 13 34** to check what you're covered for before receiving treatment.

HCF CHOOSE MY EXTRAS PRODUCT SUMMARY

Our most flexible extras cover. Select and swap* your extras services as your needs change, so you only pay for what you intend to use.

FEATURES

<p>FLEXIBILITY TO CHOOSE 4 SERVICES*</p>	<p>SWAP* UNUSED SELECTED SERVICES IF YOUR NEEDS CHANGE</p>	<p>100% BACK^ ON SELECTED EXTRAS</p>	<p>LOYALTY LIMITS INCREASE THE LONGER YOU'RE WITH US+</p>
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INCLUDES

- ✓ 60% benefit back up to the annual limit
- ✓ Be rewarded with a great range of exclusive offers through HCF Thank You**
- ✓ HCF-approved Online Cognitive Behavioural Therapy courses
- ✓ If you're claiming as a result of an accident, Accident Benefit provides you with additional limits for your claimable services once your current annual limit is used up**.

GET 100% BACK^ ON SELECTED EXTRAS

You can get 100% back^ at extras providers in our No-Gap network, depending on your choice of services and annual limits. This may include:

- ✓ 1 dental check-up a year
- ✓ a pair of prescription glasses from a selected range plus free digital retinal imaging with your eye test#
- ✓ a first visit to a physio, chiro, osteo or podiatrist^^.

^ 100% back through our No-Gap network is available on selected covers.

Waiting periods and annual limits apply. Our network of healthcare providers change often. Please check that your provider is part of our network before you book or attend an appointment. See hcf.com.au/100back.

Available at any recognised optical provider. 100% back for prescription glasses and sunglasses excludes add-ons like high index material, coatings and tinting.

^^ A first visit means an initial consultation for an eligible health condition that is new or flare up where no treatment has been provided in the last 3 months.



* The policyholder can swap out a service at any time provided that no one on the policy has claimed on that service during the calendar year.
 + Annual limits increase on some services in year 2 and 3. See extras table for details.
 ** \$200 per person per calendar year to top up your annual limit for accident-related services. Can be used for 2 years after the accident provided you make the first extras claim within 6 months of the accident.
 ^^ Eligibility criteria apply. You can access HCF Thank You offers after you've been a member for a week, and if your premiums are up to date. Excludes Ambulance Only and Overseas Visitors Health Cover. Offers and partners are subject to change without advance notice. See the HCF Thank You Terms available at hcf.com.au.

HCF CHOOSE MY EXTRAS

AVAILABLE TREATMENTS - CHOOSE 4 FROM THE LIST BELOW

SERVICE CATEGORY	DESCRIPTION	ANNUAL LIMIT PER PERSON, PER CALENDAR YEAR (UNLESS OTHERWISE SPECIFIED)	WAITING PERIOD	INDICATIVE BENEFIT AMOUNT	
OPTICAL					
Glasses and contact lenses	Spectacle frames	\$225	2 months		
	Spectacle lenses - pair				
	Contact lenses - pair				
GENERAL DENTAL					
Diagnostic and preventative	Examinations (max 1 service per year)	No annual limit (service limits apply)	2 months		
	Removal of plaque/calculus (max 1 service per year)				
	Application of fluoride (max 1 service per year)				
	Single film X-rays (service limits apply)				
Simple fillings	Direct fillings	Year 1 \$350 Year 2 \$400 Year 3+ \$450	12 months (from when this service is selected on your policy)		
Tooth extractions	Simple extractions				
Teeth whitening provided by a dentist	In chair (service limits apply)				
	Home application (service limits apply)	(Teeth whitening has a service limit of an in-chair treatment - max 8 teeth/session - or one take home kit; applies every 36 months)			
MAJOR DENTAL					
Oral surgery	Surgical extractions	Year 1 \$500 Year 2 \$600 Year 3+ \$700	12 months (from when this service is selected on your policy)		
Occlusal Therapy	Treatment to improve bite				
Complex fillings	Indirect fillings				
Periodontics	Treatment of tissue surrounding teeth				
Endodontics	Treatment of root canals				
Crowns and bridges	Placing of crowns and bridges				
Dentures	Dentures and components (partial and complete) Limits renew every 3 years (Every calendar year if repairs)				
ORTHODONTICS					
Orthodontics	Orthodontics - orthodontist/other dentist	Year 1 \$450 Year 2 \$550 Year 3+ \$650 (These annual limits are halved for other dentists. Lifetime limit \$1,950 for orthodontists or \$975 for other dentists.)		60% (100% back* on your annual dental check-up or first visit to the physio, chiro, osteo or podiatrist in our No-Gap network, and on prescription glasses, depending on services and annual limit)	
MENTAL HEALTH SERVICES					
Mental health services	Psychology includes group consultation	Year 1 \$300 Year 2 \$375 Year 3+ \$425			
	HCF-approved counselling & accredited mental health social worker includes group consultation				
	HCF-approved Online Cognitive Behavioural Therapy courses				
PHYSIOTHERAPY AND EXERCISE PHYSIOLOGY					
Therapies	Physiotherapy	Year 1 \$350 Year 2 \$425 Year 3+ \$500			
	Exercise physiology				
CHIROPRACTIC AND OSTEOPATHY					
Therapies	Chiropractic	Year 1 \$200 Year 2 \$300 Year 3+ \$400			
	Osteopathy				
DIETITIAN					
Therapies	Dietitian	Year 1 \$200 Year 2 \$300 Year 3+ \$400			
SPEECH PATHOLOGY AND OCCUPATIONAL THERAPY					
Therapies	Speech pathology	Year 1 \$300 Year 2 \$400 Year 3+ \$500	2 months (12 months for minor podiatric procedures from when Podiatry is selected on the policy)		
	Occupational therapy				
PODIATRY					
Therapies	Podiatry	Year 1 \$200 Year 2 \$300 Year 3+ \$400 (Orthotics are not included)			
	Orthotist/Prosthetist and Pedorthist consultation				
NATURAL THERAPIES					
Natural therapies	Remedial massage and myotherapy	Year 1 \$200 Year 2 \$250 Year 3+ \$300			
	Acupuncture and Chinese herbal medicine consultation				

* 100% back through our No-Gap network is available on selected covers. Waiting periods and annual limits apply. Our network of healthcare providers change often. Please check that your provider is part of our network before you book or attend an appointment. See hcf.com.au/100back.

AVAILABLE TREATMENTS

SERVICE CATEGORY	DESCRIPTION	ANNUAL LIMIT PER PERSON, PER CALENDAR YEAR (UNLESS OTHERWISE SPECIFIED)	WAITING PERIOD	INDICATIVE BENEFIT AMOUNT
VACCINES				
Vaccines	HCF-approved e.g. Boostrix, Shingrix, Vivaxim and more	\$180	2 months	60%
HEALTH MANAGEMENT PROGRAMS				
Health management programs	HCF-approved including antenatal/postnatal services	\$125		

ADDITIONAL INCLUSIONS THAT AUTOMATICALLY COME WITH YOUR COVER

SERVICE CATEGORY	DESCRIPTION	ANNUAL LIMIT PER PERSON, PER CALENDAR YEAR (UNLESS OTHERWISE SPECIFIED)	WAITING PERIOD	INDICATIVE BENEFIT AMOUNT
TRAVEL AND ACCOMMODATION				
Travel and accommodation	200km round trip for a GP, specialist or admitting doctor	Max \$200 per policy	2 months	60% (claiming for bus, train, car hire, air fare and accommodation) 30c/km (claiming for car travel)
ACCIDENT BENEFIT				
Accident Benefit	Tops up your annual limit if exhausted as a result of an accident ^{**} .	\$200 per person when claiming as a result of an accident	2-12 months (depending on the extras service)	60%
EMERGENCY AMBULANCE (STATE GOVT. SERVICES)				
Emergency ambulance services ^{**} (State govt. services)	NSW and ACT residents	No annual limit within NSW or ACT. For services outside of NSW or ACT, 1 service per person. Max 2 services per policy	1 day	100%
	VIC, WA, NT, TAS and SA residents	1 service per person. Max 2 services per policy		

TREATMENTS NOT COVERED BY THIS POLICY

SERVICE CATEGORY	DESCRIPTION
OTHER	
Other	HCF-approved pharmacy, foot orthotics, artificial aids, hearing aids and school accident benefit.

^{**} \$200 per person per calendar year to top up your annual limit for accident-related services. Can be used for 2 years after the accident provided you make the first extras claim within 6 months of the accident.

^{**} Cover is limited to emergency transport to the nearest hospital by a State or Territory government ambulance provider (excludes transport from another hospital or medical facility). Benefits are not payable for ambulance services covered by a State or Territory government scheme.

THINGS YOU NEED TO KNOW

The policyholder is the only member that can choose a maximum of 4 services from the selected range described on page 2 and can swap out a service for another service at any time, unless that service has been claimed for in the calendar year.

If any member on a Choose My Extras policy makes a claim for a service, that service is locked in for everyone on that policy for the remainder of the calendar year.

If the member who made a claim leaves a Choose My Extras policy and no one else on the policy has made a claim for that service, the service is unlocked and can be swapped out by the policyholder.

If a person transfers from one Choose My Extras policy to another, the extras categories that they claimed on during that calendar year will be locked in as selected categories for everyone on the new Choose My Extras policy for the rest of the calendar year.

When a policyholder switches out an extras category, they agree to waive any rights they have or any person on the policy has, to benefits for the services in that category from the beginning of the relevant calendar year.

At the start of each calendar year, all extras categories are unlocked and can be swapped out for another extras category (until claims are made in the new calendar year for that category).

The following waiting periods apply where these services are covered under your policy:

EXTRAS WAITING PERIODS	
1 DAY	Emergency ambulance services**.
12 MONTHS	Teeth whitening, crowns, bridges, dentures, endodontics, occlusal therapy, surgical extractions, oral surgery, complex fillings, periodontics, prosthodontics, veneers, orthodontics, minor podiatric procedures, and any service required to treat a pre-existing condition.
2 MONTHS	All other extras services.

If you add a service to your policy that has a 12 month waiting period, the waiting period starts on the date you added the service and not the date you commenced the policy. You must hold the service for 12 months continuously in order to satisfy the waiting period. When swapping between services with a 2 month waiting period, as long as you have continuously held cover for 2 months you will not be required to re-serve waiting periods for newly selected services.

WHAT'S NOT COVERED?

There are a number of situations where our health insurance doesn't cover you, including for example:

- claims for services by providers not recognised by HCF, and that do not meet HCF's criteria as set out in the Fund Rules
- claims made 2 years or more after the date of service
- more than 1 therapy service performed by the same provider in any 1 day
- a claim will be declined if the Service Category has been swapped out for another Service Category, even though it was active as of the date the treatment was received.

Please refer to the HCF Member Guide or Fund Rules for a comprehensive list of exclusions.

Note:

This product summary is not a complete description of your cover. Please refer to the HCF Member Guide or Fund Rules, or call **13 13 34** to check what you're covered for before receiving treatment.

** Cover is limited to emergency transport to the nearest hospital by a State or Territory government ambulance provider (excludes transport from another hospital or medical facility). Benefits are not payable for ambulance services covered by a State or Territory government scheme.