



# **MORE FOR BACKS** **PROGRAM**

**User guide for osteopaths and osteopathy  
code list (ICD-10-AM codes)**

MAY 2018

# WELCOME TO THE MORE FOR BACKS PROGRAM

This program reimburses 100% of the agreed charge for an initial osteopathy consultation, once per year, when your HCF patient presents with a new health condition or flare up of an existing condition that is represented by a *More for Backs* program osteopathy code (ICD-10-AM) in this user guide.

Two important features of this program are:

- its emphasis on evidence based treatment
- the use of ICD-10-AM codes.

In the appendix of this guide you'll find a *More for Backs* osteopathy code list that was developed using ICD-10-AM codes. These codes reflect health conditions that are commonly treated by osteopaths and where there's evidence base for osteopathy treatment.

When you submit a claim for an initial consultation please select a code that describes the provisional diagnosis made at the initial assessment and submit it to HCF as part of that claim.

If you are making a *More for Backs* HICAPS quotation request before you have assessed the patient - please use the ICD-10-AM code 'R69' to indicate an as yet unspecified condition.

# SOME THINGS TO REMEMBER

- The no-gap benefit applies to a member's initial consultation (item number 1804) for a new episode of care.
- We define a new episode of care as a new health condition or acute flare up of an existing condition where there's been a gap in treatment, with any osteopath, of at least 90 days.
- A member may claim this benefit once in a calendar year.
- A *More for Backs* osteopathy code (ICD-10-AM) must be submitted for every initial consultation (item number 1804) that you provide to a member.
- You have agreed to charge no more than the program rate or your customary fee, whichever is lower.
- If the no-gap benefit has already been claimed by that patient in the current calendar year the non-program benefit will be paid.
- The *More for Backs* program covers evidence based osteopathy treatment for eligible musculoskeletal conditions.
- If there isn't a *More for Backs* osteopathy code (ICD-10-AM) matching your provisional diagnosis in the appendix, the non-program benefit will be paid.
- Services that are payable by a third party (e.g. workers compensation, personal injury, public liability or motor vehicle accident insurance) can't be claimed through HCF.

# HOW TO SUBMIT A MORE FOR BACKS QUOTATION\*/CLAIM THROUGH YOUR ELECTRONIC CLAIMS TERMINAL

## STEP 1

Select '**Function**' option and '**6. Balance Enquiry/Quote**' (for quotations). Select the provider, patient ID, item number 1804, date of service, and item cost as you would normally.

## STEP 2

Select 'ADD' to add another item.

## STEP 3

(If you use a Healthpoint terminal then please skip to step 4). Enter the patient ID again.

## STEP 4

Enter or select the item code 9980.

## STEP 5

- a) Enter the relevant *More for Backs* chiropractic code ICD-10-AM from the appendix in this guide, OR if you are submitting a quotation request before assessing the patient, enter the ICD-10-AM code 'R69'.
- b) If none of the codes in the appendix of this guide represent your provisional diagnosis, enter code Z99 (note: non-program benefit will apply).

## STEP 6

Transmit the claim or quotation summary to HCF or start back at step 1 for additional patients.

# FREQUENTLY ASKED QUESTIONS

## **What does ICD-10-AM mean?**

ICD-10-AM means the International Classification of Diseases and health related problems, 10th revision, Australian Modification. This is a nationally recognised standard.

## **What does HCF do with the ICD-10-AM codes it receives?**

ICD-10-AM codes help us get a better understanding of the health of the population and the reasons why our members seek treatment from osteopaths.

## **Do I need to get my patient's permission before I transmit the diagnosis code through the claims terminal?**

No, the data is encrypted and we have our members' permission to request and receive this information.

## **What should I do if my terminal isn't working?**

If you can't collect payment through your claims terminal, please issue an unpaid account to your patient and print the *More for Backs* osteopathy code (ICD-10-AM) clearly on the invoice. Your patient will need to present the account as a claim and we'll provide a cheque to our member, made payable to you.

## **What if I make a mistake when I enter the code?**

You can reverse the claim as you would normally. Only the codes shown in the appendix of this guide are accepted for no-gap benefits under the *More for Backs* program. If you enter a code that isn't listed, you'll be prompted to start the claim again.

## **What if I can't find the right code on this list?**

The *More for Backs* osteopathy codes (ICD-10-AM) in this guide reflect the conditions for which there is sufficient evidence of efficacy. If none of the codes in this guide represent your provisional diagnosis, you should enter Z99 (which means the condition isn't eligible under this program).

## **Q: What code do I use for an osteopathic lesion/somatic dysfunction?**

**A:** There isn't sufficient evidence for osteopathic lesion/somatic dysfunction so it isn't included in this program.

## **Q: How do you define a flare up of an existing condition?**

**A:** When a chronic or long term condition flares up for which no osteopathy treatment has been provided within 90 days.

## **Q: You've missed a *More for Backs* osteopathy code (ICD-10-AM) that has an evidence base for osteopathy treatment, what should I do?**

**A:** Let us know at [provider\\_networks@hcf.com.au](mailto:provider_networks@hcf.com.au) and include peer reviewed clinical trials or journal articles.

For any membership related enquiries, call our customer service team on **13 13 34**.

# APPENDIX: MORE FOR BACKS OSTEOPATHY CODES (ICD-10-AM)

The codes are listed alphabetically (not in the order in which they appear in the ICD-10-AM version 2017).

ELIGIBLE MUSCULOSKELETAL CONDITIONS	
Abdominal and pelvic pain	R10
Abnormal posture	R293
Abnormalities of gait and mobility	R26
Achilles tendinitis	M766
Adhesive capsulitis of shoulder	M750
Ankylosing spondylitis	M45
Arthritis, unspecified	M139
Benign paroxysmal vertigo	H811
Bicipital tendinitis	M752
Brachial plexus disorders	G540
Bursitis of shoulder	M755
Calcaneal spur	M773
Calcific tendinitis of shoulder	M753
Carpal tunnel syndrome	G560
Cervical disc disorder with myelopathy	M500
Cervical disc disorder with radiculopathy	M501
Chest pain on breathing	R071
Chronic post traumatic headache	G443
Cluster headache syndrome	G440
Dislocation, sprain and strain of joint and ligaments of hip	S73
Dislocation, sprain and strain of joints and ligaments at ankle and foot level	S93
Dislocation, sprain and strain of joints and ligaments at wrist and hand level	S63

Dislocation, sprain and strain of joints and ligaments of elbow	S53
Dislocation, sprain and strain of joints and ligaments of knee	S83
Dislocation, sprain and strain of joints and ligaments of shoulder girdle	S43
Dislocations, sprains and strains involving multiple body regions	T03
Fibromyalgia	M797
Fracture of coccyx	S322
Hallux valgus (acquired)	M201
Iliotibial band syndrome	M763
Impingement syndrome of shoulder	M754
Juvenile arthritis, unspecified	M089
Lateral epicondylitis	M771
Low back pain	M545
Lumbar and other intervertebral disc disorders with myelopathy	M510
Lumbar and other intervertebral disc disorders with radiculopathy	M511
Medial epicondylitis	M770
Metatarsalgia	M774
Migraine	G43
Muscle strain	M626
Muscle wasting and atrophy, not elsewhere classified	M625
Other cervical disc degeneration	M503

Other specified intervertebral disc degeneration	M513
Pain in thoracic spine	M546
Patellar tendinitis	M765
Patellofemoral disorders	M222
Postural kyphosis	M400
Radial styloid tenosynovitis [de Quervain]	M654
Rheumatoid arthritis, unspecified	M069
Rotator cuff syndrome	M751
Sacroiliitis, not elsewhere classified	M461
Sciatica	M543
Scoliosis	M41
Soft tissue disorders related to use, overuse and pressure	M70
Spinal stenosis	M480
Spondylolisthesis	M431
Spondylosis	M47

Sprain and strain of cervical spine	S134
Sprain and strain of lumbar spine	S335
Sprain and strain of sacroiliac joint	S336
Sprain and strain of thoracic spine	S233
Subluxation of symphysis (pubis) in pregnancy, childbirth and the puerperium	O267
Synovitis and tenosynovitis	M65
Temporomandibular joint disorders	K076
Tension-type headache	G442
Thoracogenic scoliosis	M413
Torticollis	M436
Transient synovitis	M673
Trigger finger	M653

## NOTES



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